

Create and deliver baskets of kindness for elderly or shut-ins. Talk with merchants and ask for free supplies or ideas.

Plan a working field trip for religious education students to spend a day helping out at a nursing home, shelter, or retirement community.

Create an ecumenical kindness prayer for faith leaders to use.

Hold a teddy bear drive and collect new and used teddy bears throughout the community. Donate them to your local hospital.

RANDOM

Collect pennies for "Pennies for a Kindness Park" (or other community beautification projects)

Have a special Random Acts of Kindness Celebration where Parishioners gather and share inspiring stories of kindness from their lives.

Deliver fresh-baked cookies to city workers

ACTS OF

KINDNESS

*For 45 pages of great ideas visit:
www.actsofkindness.org*

Give free car washes