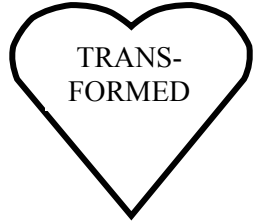


**March 7, 2004**  
**Second Sunday of Lent**



Genesis 15:5-18  
Psalm 27  
Philippians 3:17-4:1  
Luke 9:28-36



*While he was praying, his face changed, and his clothes became shining white.*

A reading from the holy Gospel according to Luke

Jesus took Peter, John and James and went up to pray. While he was praying, his face changed in appearance and his clothing became dazzling white.

And behold, two men were conversing with him, Moses and Elijah, who appeared in glory and spoke of his exodus that he was going to accomplish in Jerusalem.

Peter and his companions had been overcome by sleep, but becoming fully awake, they saw his glory and the two men standing with him.

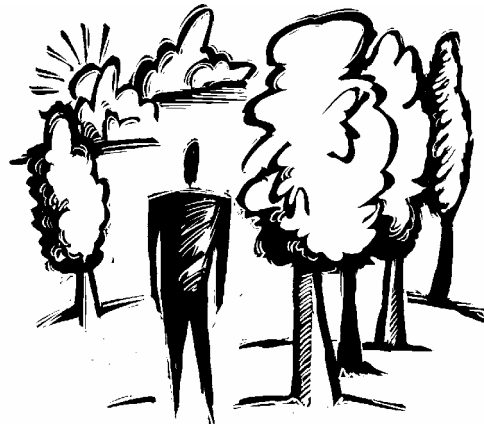
As they were about to part from him, Peter said to Jesus, "Master, it is good that we are here; let us make three tents, one for you, one for Moses, and one for Elijah." But he did not know what he was saying. While he was still speaking, a cloud came and cast a shadow over them, and they became frightened when they entered the cloud. Then from the cloud came a voice that said, "This is my chosen Son; listen to him." After the voice had spoken, Jesus was found alone.

They fell silent and did not at that time tell anyone what they had seen.

## *Reflection*

Plan a time of transformation for your neighborhood or city.

1. As a family, select a street or highway to clean up.
2. Help to construct a trail or to maintain a trail.
3. Plant flowers shrubs or trees.
4. Compost leaves and yard debris.



## *Activity*

### *Going Hungry for Lent*



A traditional Lenten practice is giving alms. Try this. Each Wednesday in Lent (or you can choose whatever night works best for your home) decide to hold a simple meal. At this meal keep the food sparse. Provide for example only soup and crackers or just a salad.

Definitely, no dessert! And, no snacks afterward!

At the beginning of the meal remind everyone that the purpose of having a simple meal is to remind ourselves, through our stomach that there are many people this night who will go hungry. Together, say the prayer on the other side of this card. After the prayer, place an agreed upon dollar amount in a special container (perhaps someone in the family can decorate it).

When Lent is over, gather the family to count the money put aside in the container. Decide to whom you will send the money so it can help feed the poor. You may decide to send it to an agency in your own city, or you may decide to give it to the missions (i.e. Maryknoll). A good way to help you make this decision is to save up all the letters you get during Lent requesting money and consider which to support.

## *God Bless Our Gathering*

*God made us a family: We need one another, we love one another, we forgive one another, we work together. At this table, we read God's word, we grow in Christ, we learn to love all people, we learn to serve our God, we hope for heaven. These are our hopes and dreams. Help us reach them, O Lord, through Christ our Lord, Amen.*

Fold this paper in thirds so it can sit on your table as a prayer card. Then the prayer can be easily read from many different directions. Inside this table-tent you will find a variety of family ideas and activities that you and your family can do together



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