

## **Stewardship Lenten Prayer Resource Table of Contents**

Stewardship: A Way of Life Lenten Prayers and Activities.....	3
A Steward’s Way: Lent is a Time to Consider the Giving up of What We Are, for What We May Become.....	4
Ways to Pray in 10 Minutes a Day .....	5
Meal Prayers for the Different Liturgical Seasons .....	6
The Little Black Book of the Diocese of Saginaw .....	7-10
Lent: Seasonal Environmental Changes in the Colors and Sounds in the Church. ....	11-12
Spirituality of Theology-Ideas that Provide an Opportunity for Spiritual Growth Throughout Lent. ....	13
The Cross: Several Reflections on the Cross Used in Sacraments .....	14
Cross Reflection: Prayer Service .....	15
Church Documents on Fast and Abstinence .....	16-18
Retreat Information.....	19-20
Suggested Bulletin Inserts for Lent.....	21
Suggested Bulletin Inserts for Triduum.....	22
Did You Know (Space fillers for fliers and bulletins).....	23
The Challenge of Forming Consciences For Faithful Citizenship.....	24-28
Preparation for “Collection for the World’s Poor” March 8-9, 2008 .....	29-30

