

Year of the Eucharist **October 10, 2004 to October 29, 2005**

Suggested Ideas for Prayers, Celebrations and Programs In Honor of “The Eucharist, source and summit of the life and mission of the Church.” Pope John Paul II

See the following pages for detailed information on this list of items.

- + A.** Participate in the **Regional Celebrations of Mass and a Time of Adoration closing with a Holy Hour.** See the schedule for vicariate celebrations with Bishop David Zubik.

- + B.** Invite the people to a four-part series with presentations on the importance and meaning of the Mass: **Liturgy and Life.** (A possible Lenten Program)
Focus: Why go to Mass? Why participate in the celebration of Mass?
Desired Outcome: Increase the desire to come to Mass and a willingness to participate with full, conscious and active participation.
The Complete Program is available from the Department of Worship, Diocese of Green Bay, 1-877-500-3580 ext. 8310 See inclosed sample booklet.

- + C.** Offer a power point **Presentation and Introduction of the Encyclical of Pope John Paul II, Ecclesia de Eucharistia.** This 40-45 minute reflection is offered with a script and a CD for a power point. Available from the Franciscan Sisters, Holy Family Convent, 920-682-7728, contact: Sr. Louise Hembrecht. The Worship Dept. has a sample of the Program for review.

- + D.** Participate in the opportunities for **Eucharistic Adoration at St. Norbert Abbey.** Attend the series of **Presentations on Topics Related to the Eucharist.** given by notable speakers. See the Schedule of dates for these events at St. Norbert Abbey.

- + E.** Celebrate **Morning Prayer and/or Evening Prayer** in the Parish/Institution especially during Advent and Lent, on First Fridays and other meaningful times. Provide a simple Morning and Evening Prayer for families/households.

- + F.** Plan a **Music Workshop** presenting the rich theology/history/spirituality revealed in the text of the hymns of the Eucharist. A parish musician could use this resource as a study and prayer evening with music as the medium. An excellent celebration for the Feast of the Body and Blood of Christ. For an outline and script of this celebration, contact Anissa at Ext. 8301.

- + G.** Plan a **parish/regional Retreat** of direct people to a Retreat Center in the Diocese. Pray and reflect upon the Eucharist. See the list of Retreat Centers in the Diocese of Green Bay.

- + H.** Schedule a **Parish Mission.** Explain the theology and prayer of the Eucharist. Provide time for directed and private prayer.

- + **I.** Provide a **training and development program for all the Extraordinary Ministers of Holy Communion.** Resources: Call the Worship Office for the Leaders' Guide and the Participants' Notes.

- + **J.** Invite people to **Eucharistic Adoration**, especially on the Feast of the Body and Blood of the Lord, All Souls' Day, The Sundays of Eastertime, First Fridays of the Months, The Feast of the Patron of the Parish/Institution and/or January 22, Day of Prayer to Honor Life. See the invitation of St. Norbert Abbey to prayer and adoration. Resources with prayers and a schedule for a Holy Hour: See booklet sent for Eucharistic Day.

- + **K. Preach on the Eucharist:** awareness by priests and deacons as well as lay leaders who lead prayer for services outside of Mass. *Resources for preachers?*

- + **L.** Walk the **Labyrinth** with meditation on the Eucharist as source and summit of the life and mission of the Church. The Labyrinth is available at: Monte Alverno, Appleton, St. Norbert Abbey, DePere or First Congregational Church on River Road in Appleton.

- + **M.** Present a **Guided Tour of the Parish Church** explaining and praying with the focus items for Liturgy: font, ambo, altar, chair and cross. Study the special architecture and art features of the church and also highlight them with information and prayer. (Contact the Worship Office for resources.)

- + **N.** Offer **Taize Prayer** or participate in a scheduled Taize Prayer for reflection and prayer with a Eucharistic focus. Resources: St Norbert Abbey, DePere.

- + **O.** Plan a **parish celebration of the Solemnity of the Body and Blood of Christ**, May 29, 2005. Also see the invitation to St. Norbert Abbey for the Celebration.

- + **P. Milwaukee Program: Eucharist: Source and Summit of Life and Mission of the Church.** Archbishop Timothy M. Dolan, Archdiocese of Milwaukee, has commissioned a six week small group faith sharing program for parishes to use as part of the Year of the Eucharist. Maureen Gallagher and Jean Marie Heisberger, both of whom are nationally known religious educators and have worked in the field of adult faith formation, prepared these materials. See a description in the following pages. The Worship Dept. has a sample of the Program for review.

- + **Q. Emmanuel Publishing** has holy hours for prayer with the Blessed Sacrament. Contact 440-449-2103. Also Congregation of the Blessed Sacrament for adult education series. Contact 713-661-3958.

Collected and suggested by the Liturgical Commission, Diocese of Green Bay.
Also see the Web Site for the resources from the BCL, Bishops' Committee on the Liturgy: www.usccb.org

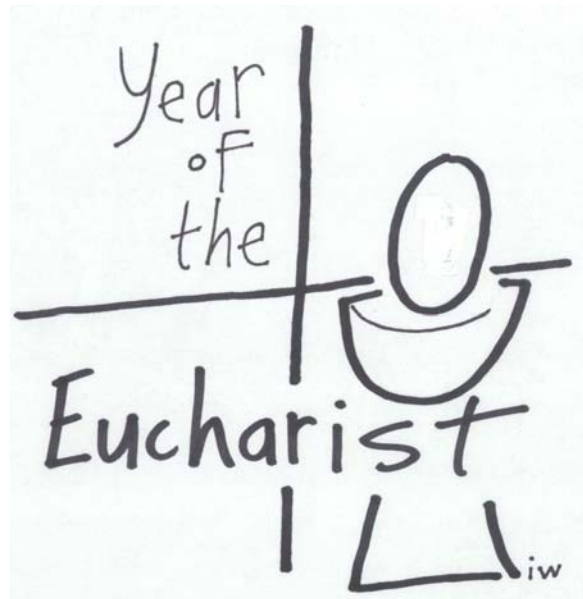


A

Vicariate Celebrations with a Mass and A Time of Adoration closing with A Holy Hour of Prayer

Schedule for Vicariate Celebrations Closing with a Holy Hour at 7:00PM with Bishop David Zubik, celebrant

Thursday, December 9, 2004: Vicariate IX: (Rev. David R. Schmidt) at St. Aloysius, Kaukauna
Thursday, January 6, 2005: Vicariate V: (Rev. Dennis Ryan) at St. Nicholas, Freedom
Thursday, February 24, 2005: Vicariate VIII: (Rev. Roy J. Geenen) at St. Patrick, Memasha
Thursday, March 10, 2005: Vicariate X: (Rev. Joseph A. Mattern) at St. Mary, Omro
Tuesday, April 12, 2005: Vicariate III: (Rev. John Gallagher) at Holy Cross, Lena
Thursday, May 5, 2005: Vicariate I: (Rev. Michael E. Betley) at St. Leonard., Laona
Thursday, June 23, 2005: Vicariate II: (Rev. David S. Barrett) at St. Michael, Keshena
Thursday, July 21, 2005: Vicariate IV: (Rev. Philip Dinh-Van-Thiep) at St. Joseph, Wautoma
Thur., Aug. 25, 2005: Vicariate VII: (Rev. Anthony J. Birdsall) at Corpus Christi, Sturgeon Bay
Thursday, September 22, 2005: Vicariate XI: (Rev. Gary New) at St. Mary, Chilton
Thurs, October 13, 2005: Vicariate XII: (Rev. David J. Hoffman) at Holy Innocents, Manitowoc



D
St. Norbert Abbey, DePere

Talks ~ Dates ~ Presenter

All presentations are on Tuesday at 7:15 at the Abbey unless noted

- January 18, 2005:** The Bible, the Church, and the Eucharist.
Fr. Al McBride, O. Praem
- March 15, 2005:** Eucharist and the Arts
Busch Art Center Rm. 130 at 7:00
Fr. Jim Neilson, O. Praem
- April 16, 2005:** **Saturday:** Youth Event at SNA or NDA or SNC
"We Have Come to Worship" WYD 2005 Theme.
- May 17, 2005:** Theology of Eucharist and Application to
our living of the Eucharist.
Sr. Ann Rehrauer, OSF
- May 29, 2005:** **Sunday:** Feast of Corpus Christi Mass at St.
Norbert Abbey (BIG!!! Celebration)
Abbot Gary Neville, O. Praem
Organ Concert
Fr. Bart Agar, O. Praem
- June 6 – July 29, 2005:** Art exhibit at SNC in the Baer Gallery
Fr. Jim Neilson, O. Praem
Frat. James Gowe, O. Praem
Fr. Steve Rossey ~ Coordinators
- September 20, 2005** Liturgy and the Canonical Life ~
Fr. Andrew Ciferni, O. Praem
- October 18, 2005:** Scripture and the Eucharist
Fr. Tim Shillcox, O. Praem
- October 23, 2005:** **Sunday:** Closing Mass for the Year of the Eucharist
Abbot Gary Neville, O. Praem

D
St. Norbert Abbey, DePere

Dates for Eucharistic Adoration

Adoration will take place on the 1st Tuesday of every month
in St. Norbert Abbey Church
from 7:15pm ~ 8:15pm.
The theme for prayer is also listed.

December:	7 th	Family life	
January, 2005:	4 th	Sanctity of Life	<i>Roman Vanasse</i>
February:	1 st	The Church	<i>Gary Neville</i>
March:	1 st	The Poor and Powerless	<i>Andy Cribben</i>
April:	5 th	Respect and love for God's Creation	<i>James Neilson</i>
		Reflection:	<i>James Growe</i>
May:	3 rd	Mothers (Mary as model)	<i>Tim Shillcox</i>
June:	7 th	Fathers (Joseph as model)	<i>Bill Ribbens</i>
July:	5 th	The United States	
August:	2 nd	World Peace	
September:	6 th	Vocations	<i>Jim Baraniak</i>
October:	4 th	Increases awareness of the Presence of Jesus in our lives.	<i>James Herring</i>

E

Morning and Evening Prayer

The Sanctification of Time

The church invites us to pray Morning and Evening Prayer, so that we do not miss the gift of our days and years.

If we do not begin our morning with prayer – the gift of a new day, the dawn of a new light, refreshment after sleep, time and space for a renewed innocence and enthusiasm – we will soon find that it is noon and we have missed a morning.

The same will happen to us if we do not, through some Evening Prayer, greet the angel of evening. We will miss that particular kind of peace and feeling of gratitude that can be received only as the light of day is fading.

The Psalms

It is within Morning and Evening Prayer that we praise God with the expression of the Psalms. Preferably the 150 Psalms are *sung* prayers of praise, thanksgiving and/or petition. Jesus prayed the Psalms. They express a great variety of religious experiences and emotions.

Practical Steps to implement Morning And Evening Prayer in the Parish

- Become familiar with the rite.
- Develop a long range plan.
- Inform and educate.
- Begin modestly.
- Start with small groups.
- Move from simple to more festive celebrations.
- Schedule special, then weekly, then daily celebrations.
- Implement Evening Prayer first, the Morning Prayer

Call to Prayer and Holiness:

Celebrating Morning and Evening Prayer in a parish community must be implemented gradually and with much prayerful guidance on the part of pastoral ministers. The faithful who seek and ever-deepening prayer life will be drawn to pray the Liturgy of the Hours. Each of us will grow ever closer to Jesus through the prayerful reflection and celebration of the paschal mystery as experienced in this liturgical prayer of the church.

While the Liturgy of the Hours, Morning Prayer and Evening Prayer, are liturgical prayers suitable for community and large assemblies, they are also appropriate and meaningful for private prayer. An individual, couple, or family may find MP and EP expressive of their needs and attitudes. The Liturgy of the Hours has been adapted to simple forms that can be easily

G

Retreat Centers

Diocese of Green Bay, WI

The Bridge Between Retreat Center

4471 Flaherty Drive
Denmark, WI 54208-8627
(920) 864-7230
Director: Sr. Caroline Sullivan, OP
Admin. Asst. Ms Diane Eparvier
A Dominican Spirituality Center for
men and women of all faiths and
beliefs.

Mount Tabor Center

522 Second Street
Menasha, WI 54952-3112
(920) 722-8918
Edon Foord, Administrator
Catherine Foord, Youth Minister
Resident community, spiritual
formation, retreats, programs for the
young adult.

Holy Name Retreat House

Chambers Island (Door County)
Spiritual Dir: Dcn. Robert
Penzenstadler
Co-Dir: Monica Penzenstadler
Conducted by Diocese of Green Bay
P.O. Box 23825
Green Bay, WI 54305-3825
(920) 437-7531, ext. 8296, Debbie

Jesuit Retreat House

4800 Fahrwald Rd., Hwy 45
Oshkosh, WI 54902-7598
(South of Oshkosh)
(920) 231-9060
SOCIETY OF JESUS
Dir: Rev. John A. Schwantes, SJ
Center for spiritual growth.

Monte Alverno Retreat Center

1000 N. Ballard Road
Appleton WI 54911-5198
(920) 733-8526
CAPUCHIN FRIARS
Director: Rev. Adrian Staehler, OFM
Cap
(Men and Women)

Norbertine Center for Spirituality

St. Norbert Abbey
1016 N. Broadway
De Pere, WI 54115-2610
(920) 337-4315
Dir: Rev. Xavier Colavechio, O Praem

St. Anthony Retreat Center

300 E. 4th Street
Marathon, WI 54448
(715) 443-2236
Sponsored by the Capuchin-
Franciscans.
We welcome all who seek God,
spiritual growth and religious
experience.

St. Joseph Retreat Center

3035 O'Brien Road
Baileys Harbor, WI 54202-9132
(920) 839-2391
PRIESTS OF THE SACRED HEART
Admin: Rev. Byron Haaland, SCJ
Retreat Dirs: Sr. Mary Anne Albert,
SSSF Sr. Lorraine Aspenleiter, SSSF
We are a Catholic center that extends
hospitality to all who seek God.

H

Schedule a Parish Mission

Plan a parish mission focusing on the Eucharist. A parish mission is designed to assist parishioners as they journey with and to God. It is an opportunity for the parish to come together to learn, pray, study, renew and re-energize itself. Lent is a particularly appropriate time since people are often eager and willing to make some extra efforts to focus on their prayer life and relationship with God. The mission may take the form of three to five days/evenings of one week, or may span the entire season of Lent, gathering one night each week. The retreat centers in the Diocese of Green Bay have marvelous resources for speakers and presenters for parish missions. A small committee, with direction from the pastor/parish director/pastoral council, can easily schedule and coordinate this project.

K

Preach on the Eucharist

There are a variety of books and websites available to assist priests and deacons as they prepare their homilies for weekend liturgies. Many include resources for preaching on the Eucharist.

With the Gospel of Matthew during Year A 2005

Books

Preaching Through the Christian Year: Year A, Fred B. Craddock, John H. Hayes, Carl R. Holladay, and Gene M. Tucker; Trinity Press International

An ecumenical homily preparation resource; excellent exegetical material on Sunday Scriptures; includes Responsorial Psalm and suggestions for the direction of the homily; occasional variance from the Catholic Lectionary is a drawback.

Preaching the New Lectionary: Year A, Dianne Bergant, with Richard Fragomeni, Liturgical Press

Excellent exegetical resource written with a similar method as the above; has the additional advantage of consistent following of the Catholic Lectionary; also includes separate section with at least two different approaches that can be taken in the homily.

The Cultural World of Jesus, Sunday by Sunday, Cycle A, John J. Pilch, Liturgical Press

As the title suggests, this series explores some of the cultural and social nuances at work in the Gospel accounts. Especially helpful with the parables of Jesus.

A Treasury of Quips, Quotes, and Anecdotes for Preachers and Teachers, Anthony Castle, Twenty-Third Publications

Good resource for stories, illustrations and humor related to Gospel passages. Humor tends to be in the British style, so some of our assemblies might not always "get it."

Naming Grace, Mary Catherine Hilbert, Continuum Publishing Company

Focus on the grace discovered in everyday life and the word entrusted to the entire community. Emphasizes the power of sacramental imagination.

Homily Services

This Sunday's Scripture, Twenty-Third Publications; PO Box 180, Mystic, CT 06355; Phone: 1-800-321-0411

A unique approach to a homily service presuming week-long reflection on the Scriptures. Includes questions for the homilist's prayerful reflection, scriptural exegesis, questions to guide the construction of the homily with an eye to the faith life of the assembly.

Celebration, The National Catholic Reporter Publishing Co., PO Box 487, Mount Morris, IL 61054-0487; Phone: 1-816-333-7373

Long running homily service that has in recent years included insightful reflections on the Sunday Scriptures by Patricia Datchuck Sanchez, helpful "Sermon Starters" and a possible approach to a homily with youth. Preachers who preach weekly to a teen assembly (e.g., Life Teen) might do well to try this one.

Connections, 7 Lantern Lane, Londonderry, NH 03053-3905

Does not offer a "canned" homily but two helpful stories or illustrations and a short explanation of the "connection" the author sees with the Gospel. Strong emphasis on social justice themes. Helps the homilist but challenges the same to develop one's own homily.

Homily Helps, St. Anthony Messenger Press, 1615 Republic St., Cincinnati OH 45210
Offers a good "attention-getter" to introduce the homily, then gives a developed outline of a homiletic approach. Concludes with an idea to transition into the Liturgy of the Eucharist.

Grace Works, PO Box 38036, Dallas TX 75238-0036, Phone: 1-214-340-1974

A fully developed homily for each Sunday. The homily offered tends to be a bit long, but often includes an idea or two that could spark the homilist's own develop of the theme.

L

The Labyrinth, Walking a Sacred Path

The Labyrinth is a path of prayer for all people seeking the divine, regardless of the tradition in which one stands. The winding path leading to the center, based on the labyrinth laid in the floor of Chartres Cathedral around 1220, serves as a mirror to reflect the movement of the Spirit in our lives.

Walking the Labyrinth invites us to experience our gratitude for life and meets our longing for a change of heart. It challenges us to refine the way we live together on this fragile island home and provides the energy, vision, and courage to meet the demands of the 21st century.

The labyrinth has only one path. As you follow the winding path to the center and back out again, surrender to the journey with an open heart and an open mind.

There are three stages to the walk: Purgation or letting go, Illumination or enlightenment and Mission or sending forth.

Guidelines for the walk include:

Clear the mind and become aware of breathing. Find the pace the body wants to go. The pace will change throughout the walk. Let others pass near you. The center is a place where one may sit or stand as long as desired. The path is two-way: entering and coming out. Welcome to the prayer and grace of the Labyrinth.

M

Guided Tour of the Parish Church

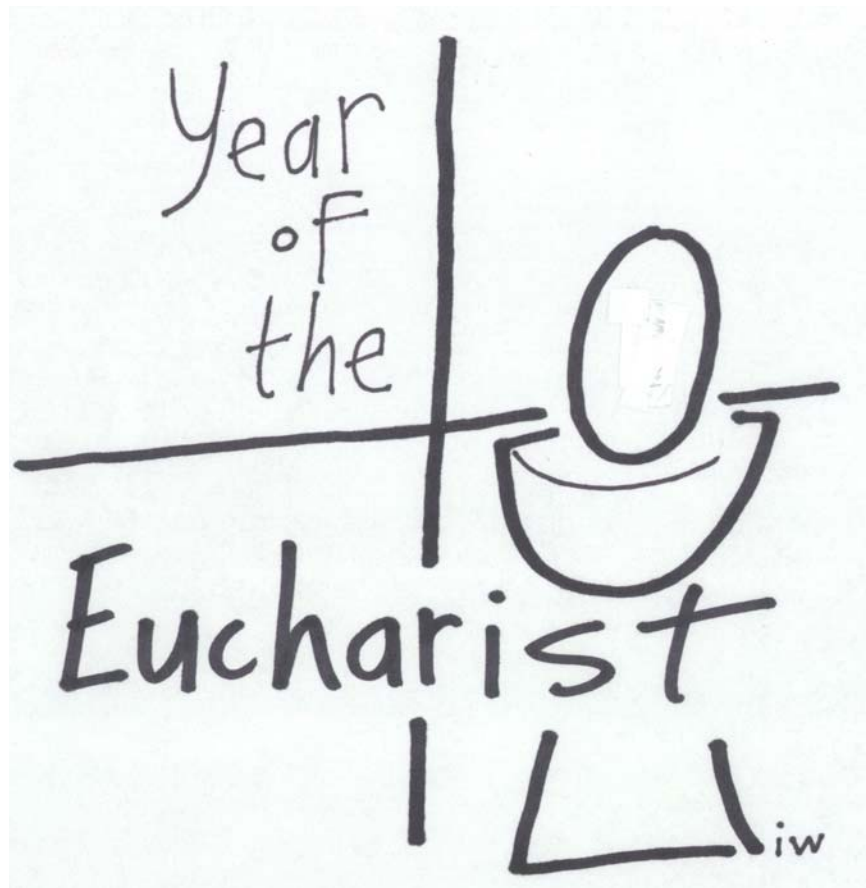
Guided tours of the Parish Church introduce people to parish history and Catholic tradition. It revives interest in Scripture, explains some of the beliefs of the community and presents the basics of the Second Vatican Council as they are illustrated in the art, architecture and liturgical features of the Church.

Some comments upon taking a parish tour: "I was so impressed by the tour of the worship space that I went home and set aside a small part of a room in my own house for a sacred space."

Another said, "In the parish tour I found that everything in the worship space has meaning. I come to church with new insight."

Resources for Parish Tours: Church Magazine, Summer 2003.

Also Meditations on the features of the Church, Liturgical Gestures, Words and Objects, pages 42-54, ed. By E. Bernstein, Published by Notre Dame Center for Pastoral Liturgy, 1995. Or call the Worship Office ext. 8311



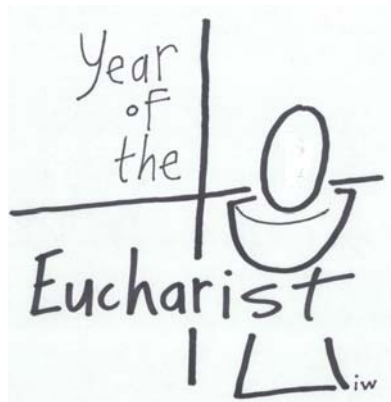
N

Offer Taize Prayer

Taize Prayer is a simple service of readings and Taize music. Taize music is often written in “ostinato” form (a line of music sung over and over), so it is easy for the assembly to learn, sing, and be comfortable with quickly. “The goal toward which this music is directed is prayer, whether it be in a small group, a parish, or in a large gathering of young people... and this (communal) prayer may often extend into the personal prayer of the participants as they become aware of (these simple) melodies running through their heads.” Several of the Taize litanies, acclamations and canons can be used in conjunction with readings on the Eucharist (especially from the Bread of Life Discourse in John’s gospel, Chapter 6). Format could be as follows:

Song of Gathering (Taize)
Greeting and Introduction
Song of Centering (Taize)
Reading
Taize
Reading
Taize
Reading
Taize
Our Father
Concluding Prayer
Concluding Song (Taize)

The music could be executed as simply or elaborately as desired – using many instruments and vocal parts, or just using an accompanist and cantor to lead the assembly. The pace of this prayer service should be slow and meditative, with plenty of time for silent prayer between the readings and the musical responses.



O

Milwaukee Program ***Eucharist: Source and Summit of Life and Mission of the Church***

Archbishop Timothy M. Dolan, Archdiocese of Milwaukee, has commissioned a six week small group faith sharing program for parishes to use as part of the Year of the Eucharist. Maureen Gallagher and Jean Marie Heisberger, both of whom are nationally known religious educators and have worked in the field of adult faith formation, prepared these materials. The program is entitled, ***Eucharist: Source and Summit of Life and Mission of the Church***.

The materials include a booklet with six sessions that help participants grow in their love of the Eucharist and understanding of the mission that we are given as Catholics when we are sent out from the Mass. Archbishop Dolan has encouraged parishes in the Archdiocese of Milwaukee to use *Eucharist: Source and Summit* during Lent 2005. However, the materials are not Lenten specific and could be used in any six-week period, including the Easter season or fall of 2005 if a parish already has plans for Lent.

Liturgical Publications, Inc. has agreed to publish and sell the adult faith sharing booklets as well as an accompanying *Source and Summit Program Planner* containing everything you will need to manage the program.

You can also obtain further information about this program at the website: www.YearofEucharist.com. The website will contain a sample of the small group materials as soon as Archbishop Dolan gives his Imprimatur to them.

These materials could be used in small groups in people's homes, a large group setting in a parish which includes small group discussions, or any other faith sharing setting.

Please contact me if you have any questions or would like further information about the *Eucharist: Source and Summit* program. I hope your dioceses and parishes will benefit greatly from using these materials.

Randy Nohl
Archdiocese of Milwaukee
Director
Lifelong Faith Formation
414-769-3440
nohlr@archmil.org